

## 4-H YOUTH CONNECTION

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## HOOPS AND CLOVERS

Join in the fun as 4-H members, friends, and family from across the state converge in the New Orleans Arena to see the Orleans Hornets battle the Milwaukee Bucks. This **"Hoops and Clovers"** event will take place on **FRIDAY, February 27, 2009 at 7:00 PM**. This game is dedicated as Louisiana 4-H Night!

All 4-H members, their families and friends are invited to attend. Youth must be accompanied by an adult. The cost of the tickets will be \$22.00.

In addition to a great game, approximately 150 4-H members will have an opportunity to participate in additional programs and activities. Included in these opportunities are as follows:

- ⇒ Group photo with Honeybees
- ⇒ Half time 4-H presentation
- ⇒ Tunnel group
- ⇒ Ball boy/ball girl
- ⇒ Captain's Program
- ⇒ High five team
- ⇒ Group photo with player
- ⇒ Basketball Buddies
- ⇒ Pre-Game Courtside Program
- ⇒ Court of Dreams



Specific information on each of these opportunities as well as ticket order information will be available in December. Some age limits apply. If you have specific questions, call the 4-H Office at 838-1170.

It will be a fun night and a great way to promote the 4-H clubs, especially from our area!



**Ticket orders and payment are DUE in 4-H Office by NOON Friday, January 16, 2009.**



## LEADERSHIP OPPORTUNITIES

### Junior Leadership Conference

March 13–15, 2009

The **4-H Junior Leadership Conference** provides the opportunity for diverse groups of youth who are currently engaged in significant leadership and /or service learning activities to come together while further learning and developing their leadership and teamwork skills. The Conference features a variety of workshops focused on leadership development, communication, teamwork, service learning, youth-adult partnerships and time management.

The Conference is held at the Grant Walker Educational Center in Pollock, LA. **Participants must be 14 years or older. Conference fee is \$60.00 if paid by 1/16/09 or \$70.00 if paid by 1/30/09. Only 4 participants from Jefferson Parish can attend!** If you are interested in participating, please contact the 4-H Office at 838-1170.



### Citizenship Washington Focus

July 12–18, 2009

**Citizenship Washington Focus** is a six day intensive summer citizenship program for youths **age 14–19** held in **Washington DC**. **Approximate trip cost is \$1500. A deposit of \$500 is due January 23, 2009, with final payment of \$1000 due April 1.** If interested in participating, please contact the 4-H Office at 838-1170.

# CALENDAR OF EVENTS

## December

- 11 Teen Leader Clubs  
*(Call 4-H Office for times and locations)*
- 12 Toys DUE for Toy Drive
- 15-16 Annual Agents' Conference, Baton Rouge

### Upcoming dates to note

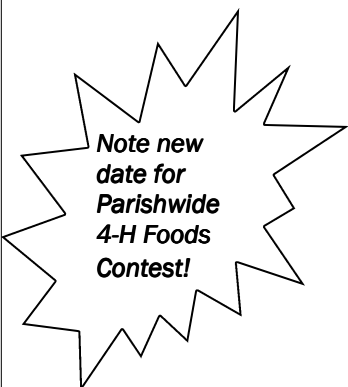
- 4-H Camp** (4th–6th grades)  
**June 15–19, 2008**
- 4-H University** (8th–12th grades)  
**June 23–26, 2008**

## January

- 7 Applications for 4-H Foundation Awards DUE in 4-H Office
- 16 Hoops & Clovers ticket orders and payment DUE
- 30 Registration DUE for Parish-wide Commodity Cookery/Ambassador Contest

## February

- 2 Honey Bee Essays DUE in 4-H Office
- 2 4-H Foundation Board mtg.
- 27 Hoops & Clovers Hornets vs. Bucks
- 28 Parishwide Foods Contest



## TOY DRIVE

If any clubs collected new toys for needy children as a community service project and need help with distribution, please get them to the 4-H Office (or call one of the 4-H Agents to arrange for a pickup) by **Friday, December 12.**

**Toys for children 9 years and older are especially needed.**



## 4-H FOUNDATION AWARDS ANNOUNCED

The Louisiana 4-H Foundation sponsors two special awards to recognize outstanding individual project work. These awards are the **Louisiana 4-H Foundation Award of Excellence** for Junior 4-H Members and the **Louisiana 4-H Key Club Award** for Senior 4-H members.

**The deadline for application submission for these awards is January 7, 2009.**

**If you have any questions or think you might be eligible for either of these awards, call the 4-H Office at 838-1170 to get the necessary forms.**

The **Louisiana 4-H Foundation Award of Excellence** has the following requirements:

- Must be under 14 years of age by January 1, 2009.
- Must have at least two years of 4-H club work, including award year.
- Must score at least 100 points on the application and scorecard. (These are available from the 4-H Office.)

The **Louisiana 4-H Key Club Award** has the following requirements:

- Must be at least 16 years of age by January 1, 2009.
- Must have three years of 4-H club work including award year.
- Must have completed one year of active Junior Leadership work excluding award year.
- Must score at least 140 points on the application and scorecard. (These are available from the 4-H Office.)

## SMART CHOICES FOR GOOD HEALTH

### THE BIG 8 FOR HEALTH

- 1. EAT FRUIT.**  
You need 2 cups a day.
- 2. EAT VEGETABLES.**  
You need 2 1/2 cups a day.
- 3. DRINK MILK.**  
You need 3 cups per day.
- 4. EAT WHOLE GRAINS.**  
Try them. You'll like them. Oatmeal, brown rice and whole-wheat bread are whole-grain foods.

### 5. GET YOUR PROTEIN.

That's meat, poultry, fish, beans and nuts.

### 6. BE A DETECTIVE.

When a food is mixed, make sure it doesn't contain a lot of added sugar, sodium and fat. One way to do that is to read labels.

### 7. BE SAFE WITH FOOD.

Wash your hands, the fruits and vegetables. Separate meat and eggs from fruits and vegetables when preparing. Keep foods cold or keep them hot. Make sure meats and eggs are fully cooked before you eat them.

### 8. GET SOME EXERCISE.

There are lots of ways for you to get more exercise. You need 30–60 minutes of physical activity each day.





## 4-H News



### Audubon Elementary

Our 4-H club has been meeting every Thursday. We have 20 members. Once each month, **Ms. Chantel**, our 4-H Agent, comes to teach us something about making healthy choices.

Our officers for this year are: **Kaori Keyser**, President; **Fred Watts**, Vice President; **Yailin Alvarez** and **Anonda Whitsett**, Secretaries; **Jody Martin** and **Na'jaee Brisco**, Reporters; **Tyler Holmes**, Treasurer. Some of our officers recently went to an officer training session in Belle Chasse.

### Grace King After School Club

The past month has been a busy one for our club. October included celebrating National 4-H Week. We made banners and held activities including a tennis ball toss and watching the movie Iron Man. We raised over \$30 which will be donated to the Juvenile Diabetes Association. Future plans include Bikes for Tikes and collecting Yoplait pink lids for the Susan G. Komen Foundation for breast cancer research.

Club officers are: **Adil Yousuf**, President; **Abdelhadi Mousa**, Vice President; **Peter Le**, Secretary; **Tracy Li**, Treasurer; **Adeeb Yousuf**, Reporter. The following committees have been established: Community Service, Holiday Committee, and 4-H Week Committee.

**Adeeb Yousuf**

### Grace King High Tansey B2

In October we had a chance to work with pre-schoolers from Harold Keller Elementary. We had a putt-putt tournament. Our Community Service Committee is planning to go to a grade school and help teachers for the day.

In November we participated in the Renaissance Festival. It was a great experience for our students and fellow 4-H members to see what it was like during medieval times.

**Keddrick Williams**

### Airline

#### Park Elementary

Our 4-H club presented gift bags to **Mr. Bob** (Account Clerk) and **Ms. Wendy** (Secretary) for their birthdays. We also presented a gift bag to our principal, **Ms. Lynda McVilve** for Bosses' Day.

Our officers are: **Lilliana Diaz**, President; **Tanara Wallace**, Vice President; **Cain Esquivel** and **Chastity Thomas**, Secretaries; **Kiona Green**, Treasurer; and **Ashley Muse**, Reporter. **Ms. E. Mashia** is our 5th grade 4-H Leader.

Great things are planned for thanksgiving—"Turkey-Grams."

**Ashley Muse**

### Grace King High Tansey B4

Our club was invited to assist with Harold Keller Elementary Pre-K Class when they visited our school. Our club voted on a community service committee project. We decided to sell candy and donate the proceeds to a selected charity. The Character Counts Committee decided to do a skit for the club meeting. The Arbor Day Committee has decided to plant a tree on campus and also to put up posters in celebration of Arbor Day. There is also a possibility of an Arbor Day Poem Contest. The Spirit Committee has not yet decided on a cheer for the December pep rally.

We received our project books and chose the project that we are going present to the class.

Also some of our club members went on a field trip to the Renaissance Festival. At the Festival, students were very interested in rides operated by hand and elbow strength. One called the "Maze of Doom" was particularly impressive.

Also we made bookmarks for the 100<sup>th</sup> birthday of 4-H.

**Alissa Bonnicksen**

#### Strehle Elementary

There are 23 members in our club this year. Club officers are: **Miranda Rhoto**, President; **Ty'Juana Woods**, Vice President; **Danee Rochon** and **Taquisha Joseph**, Secretaries; **Veronica Cuquet**, **Jennifer Hernandez**, and **Kayla Smith**, Reporters/ Photographers. **Ms. Davis** is our 4-H Leader, and **Ms. Williams** is our 4-H Agent. We meet twice each month with a monthly service project field trip.

In October, 4-H members **Ty'Juana Woods**, **Miranda Rhoto**, **Terrinika Stackhouse**, **Ashante Eugene**, **Rachel Hicks**, and our leader **Ms. Davis** went to City Park where we cleaned a bird watching trail. We loaded wheel barrels with mulch and dumped the mulch along the trails. Then we cut back plants and weeds growing over the walkway. After the clean up we enjoyed the rides at the amusement park.

**Kayla Smith** attended 4-H Officer Training in Belle Chasse.

As a school we collected food to donate to the Avondale Food Bank. We also collected 300 plastic bottles for the Audubon Insectarium to be used in a craft project. Our next community service projects will be spreading mulch over the school's playground and volunteering at Ozanam Inn.

All 4-H Club Reporters are encouraged to submit their monthly news articles for publication in the **Jefferson Parish 4-H Youth Connection**. Share your club activities, ideas, and successes! Give a copy of your report to one of the 4-H Agents or mail it to:

4-H Newsletter  
6640 Riverside Drive,  
Suite 200  
Metairie, LA 70003

OR

Email report to:  
agauthier@agcenter.lsu.edu  
Please put "4-H newsletter" in  
subject line

### Grace King High Tansey B3

In October, Pre-K students from Harold Keller Elementary came to our school to watch a play. Our class was invited to assist them. After the play was over, we helped them play Putt-Putt.

The Community Service Committee voted to plant a garden at school. We will begin working on it in November.

On November 11, 2008 members from our club went to the Renaissance Festival in Robert, LA.. While we were at the festival we walked around and saw all kinds of things they used to do in the medieval days. We also saw how they dressed. At the festival the people braided hair, sold jewelry, did body art, and juggled fire sticks to demonstrate jobs from that time period.

The Arbor Day /Earth Day Committee is planning to plant a tree for the Arbor Day celebration.

The Spirit Committee is practicing a cheer for our upcoming pep rally.

**Tori Scott**

#### Kerner Elementary

Club officers were elected for the 4th and 5th grade clubs at the October meetings. Officers for 4th Grade are: **Dante' De-gruise**, President; **Taylor Genna**, Vice President; **Kobe Mamolo**, Secretary; **Mason Poche'**, Treasurer; **Sophia Relayson**, Reporter; **Desire' Camus**, Parliamentarian.

Officers for the 5th grade club are: **Carlie Martinez**, President; **Alyssa Martin**, Vice President; **Floyd Navarro**, Secretary; **Kashley Fazende**, Treasurer; **Taylor Crain**, Reporter; **Ireland Smith**, parliamentarian.

**Gaelynne Guidry**

## Jefferson Parish 4-H Clubs

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Suite 200  
Metairie, LA 70003

Phone: (504) 838-1170  
Fax: (504) 838-1175



## Jefferson Parish 4-H Team

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For the latest Jefferson Parish  
4-H information, visit our website at:

[www.lsuagcenter.com/en/  
our\\_offices/parishes/Jefferson/](http://www.lsuagcenter.com/en/our_offices/parishes/Jefferson/)

## Clovers to



The following Jefferson Parish participants in the *4-H Camp Slogan Contest*:  
**Brooke Renton** from Alice Birney Elementary; **Anthony Myer** and **Marouf Dibeh** from Grace King High; and **Donna Gibson**, **Edward Bradstreet**, **Ayanna Aaron**, and **Kavon Faili** from Word of Life Academy.



The following participants in the Parish *4-H Centennial Bookmark Contest*:  
**Kevin Mischler**, **Oscar Aguilera**, **Myrna Aguilar**, **Carlos Lagos**, **Tatiana Patton**, **Irian Swilley**, **Lenis Villalobos**, **Ashley Thomas**, **Eddie Choe**, **Xing Yu Fan**, **Katherine Bueso**, **Amber Olivier**, **Chanakya Vattikuti**, **Tori Scott**, **Tierra Leonard**, **Charisse Bartholomew**, **Marissa Jackson**, **Jose Garcia**, **Kevin Bongcasan**, **Anthony Myer**, **Luis Marchan**, **Christian Hernandez**, **Chelsea Scott**, **Elizabeth Cotton**, **Mohmoud Kased**, **Avery Montgomery**, **Randy Johnson**, **Carlos Mendez**, **Marukh Mahmood**, **Crystal Hebert**, **Khaja Atif Khan**, **Abigail Rafeedie**, **Bre'Ana Anderson**, **Alissa Bonnicksen**, **Nataly Molina**, **Norma Morales**, **Raychell Colbert**, **Katherine Padilla**, **Dominique Antoine** from Grace King High School; **Rawan Abdalaziz** from Solis Elementary; **Johnny McGowen**, **Daishaan Lloyd**, **Alayse Harris**, **Ja'el Robinson**, **Jeremiah Hernandez**, **Shaylynn Chaney**, **Lybriel Stevenson**, **Ayanna Aaron**, **Jared Jefferson**, **Helen Stevenson**, **Arrash Faili** from Word of Life Academy; **Allana Lagrange**, **Jesus Mejia**, **Camille Luminais**, **Cameron Strong** from Audubon Elementary.



## CHARACTER CORNER ... RESPONSIBILITY

A responsibility is an obligation or a duty. Practicing responsibility means being in charge of our choices, being accountable for what we do and who we are, and for carrying out our obligations and duties at all times. We are all members of a family, some groups, and society. Many people depend on us to do our jobs and be good role models.

To be a truly responsible student, we must decide whether each action we take is trustworthy, respectful, responsible, fair and caring. Responsible students will exercise self-control. Such students will try to do excellent work, especially when other people are counting on them.

Responsible students:

- ▶ **Complete all projects and assignments.**
- ▶ **Keep promises made.**
- ▶ **Accept responsibility for their actions.**
- ▶ **Lead by example.**
- ▶ **Promise to do only things they know they are able to do.**
- ▶ **Listen in class and study daily.**
- ▶ **Finish what they start.**
- ▶ **Refuse to lie, cheat or steal.**



### *This month's Character Corner Quotes:*

"Life's most persistent and urgent question is: What are you doing for others?"

~ Martin Luther King, Jr.

"There is not substitute for hard work."

~ Thomas Edison